

**PARK RIDGE HIGH SCHOOL
PARK RIDGE, NJ 07656**

Under current New Jersey Law, every board of education must provide the biennial scoliosis examination of every student between the ages of 10 and 18. This will apply to all students in **grades 8 and 10**.

Scoliosis is a lateral curvature of the spine, most commonly found during the growth period. The goal of the program is early identification in the critical age group. If detected early, a curvature can often be corrected.

The procedure for screening is simple. A trained examiner inspects the student's spine as he/she stands and bends forward. On the day of the screening program boys/girls will be required to **REMOVE THEIR SHIRTS**. Girls will need to **WEAR A BRA**.

Screening will be conducted in physical education classes during the month of September. Students who are under treatment for this condition or parents who wish to have their child excused from the screening must complete the form below.

*Detach lower portion and return prior to or on the first day of school in September.
If the form is not returned by this date, the school is obligated to screen your child.*

Student's Name

Grade

Age as of October 1st: _____

Request Scoliosis Screening at School

Request **NO** Scoliosis Screening at School

(please check one above)

A. The student is under a doctor's care for Scoliosis

Doctor's Name: _____

Telephone Number: _____

Next Scheduled Visit: _____

B. Other: _____

Parent's Signature: _____

Date: _____